

K3-K October Newsletter

What We're Learning

Fire Safety-2nd week of October is Fire Safety prevention, and we will learn safety tips such as: get low and go, & stop, drop roll.

Pumpkins-sizes, shapes, life cycle

Bats-eat insects, are nocturnal, have wings

Spiders-eight legs, build different webs

& all things "Halloweeny"!

Letters

10/4 G for goats, gates, grapes and **grateful, glad**

10/11 H for horse, hands and heart & HALLOWEEN, **helpful, happy**

10/18 I for ice cream, ice, and insects, **interested, intrigued**

10/25 J for jump, jar, jelly and **joyful, jealous**

10/28 k for kite, key, King and kind

Important Dates

October 4th-St. Francis of Assisi Feast Day (bring a stuffed animal from home)

October 11th- Columbus Day
No School

October 13th-Pumpkin Patch visit
(walking field trip)

October 14th-Picture Day

*October 29th-*Costume Parade
(note to come home closer to date)
Noon Dismissal &
Parent Conferences

Reminders

Be sure to have your child practice putting on their mask by themselves-we still have a few friends who are struggling with this.

Pumpkin Patch field drip form and \$\$ (note & reminder will go home).

Costume Be sure your child's costume allows them to go to the bathroom on their own.

Parent Tips

*Early Literacy songs and nursery rhymes help build some of the foundational literacy skills your child will need-use our monthly sheets if you need inspiration or share some of your childhood favorites with your child. 😊

*Bedtime Routines-create a bedtime routine or ritual to help make bedtime transitions smooth. Providing a routine bedtime also helps with your child's emotional regulation.

*AAP suggest children 3-5 years old should sleep 10-13 hours (including naps) per 24 hrs. "to promote optimal health"